

OUBLIETTE TATTOO STUDIO

TATTOO AFTERCARE INSTRUCTIONS

REMOVING THE BANDAGE & INITIAL CARE

- Immediately after your tattoo, you will be bandaged with Recovery Derm Shield. It is a latex free, transparent adhesive bandage. This bandage reduces the risk of scarring and scabbing, while preventing exposure to bacteria, dirt, and abrasion. Derm Shield is waterproof, but permeable to allow skin perspiration.
- Between 8-24 hours after the tattoo procedure, remove the bandage.
 - It is normal for blood and fluids to collect under the bandage.
 - It helps to remove it in the shower, especially if a large amount of fluid has accumulated. Always wash your hands before touching your tattoo for any reason.
 - Gently peel the Derm Shield by pulling it slowly from the edge back over itself. Do not rip or tear the bandage off aggressively.
- Immediately following removal of the bandage, wash your tattoo gently with antibacterial soap and water. Be sure that any fluid that has accumulated on your tattoo has been washed off completely.
- Pat your tattoo dry with a clean paper towel. Do not use anything abrasive or exfoliating while washing or drying your tattoo until after it has healed completely.
- Apply a thin even layer of aftercare cream. I recommend Hustle Butter, Mad Rabbit, or Aquaphor.
- Do not rewrap or cover your tattoo again after removing the initial bandage. Wear loose fitting clothing over the tattoo when possible.

GENERAL AFTERCARE

- Always wash your hands before washing or applying aftercare to your tattoo.
- Wash your tattoo 2-4 times per day using a mild antibacterial soap and water. I recommend Dial Gold. Pat your tattoo dry. Follow up each wash with aftercare cream.
- Apply a thin layer of your preferred aftercare cream 3- 4 times a day, especially after cleaning your tattoo. Do not leave excess cream on your tattoo. Carefully massage the ointment into your tattoo and wipe away the excess.
- After the first 3-4 days, switch to an unscented, healing lotion. I recommend Eucerin Intensive Repair Lotion. You may use lotion as needed.
- Stay out of sunlight and tanning booths until the tattoo is healed completely. (14 days minimum).
- Do not apply sunscreen on your tattoo until it has healed completely.
- Do not soak or submerge your tattoo for prolonged periods of time; no bathing/soaking or swimming, etc, until your tattoo is healed completely. Showers are fine. Always dry your tattoo carefully by patting it with a clean towel or paper towel.
- Do not rub, pick or scratch the treated area while it is healing. Avoid touching your healing tattoo unless to clean it or to apply aftercare. Loss of pigment and/or infection could occur.
- Your tattoo should heal in approximately 2 weeks. Consult a physician if any signs or symptoms of infection develop. Following the above instructions carefully can help lower the risk of infection.

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